

## 2017 SYNCHRONIZED SKATING INSTRUCTOR RATING REQUIREMENTS

- Items underlined indicate a change from the previous year.
- For Synchronized Skating Instructor requirements the coach may be either the primary coach or the assistant coach of the team.

### **\*\* Videotape Guidelines for all levels:**

1. The video must be a DVD format of good quality taken within the last five (5) years. If the video is unable to be viewed at the time of the exam, the exam will not be permitted to continue and the exam will be considered "incomplete". The exam fee will be forfeited.
2. The team must be at the designated level for the rating.
3. The candidate will be asked to narrate the video, discussing points such as theme and style.

### **1. PSA REGISTERED SYNCHRONIZED SKATING INSTRUCTOR (RS);**

- A. Must have attended a PSA approved educational program within one year of applying to take an exam. Affidavit must be on file with the PSA office.
- B. Must have completed the Basic Accreditation rating or Foundations of Coaching Course.
- C. Must have trained a registered U.S. Figure Skating or ISI competitive team at any level, or other ISU member organization equivalent.
- D. Must have a minimum of 50 hours\* over a one-year period of professional coaching experience with at least one of the years at the registered synchronized skating level (see C above) or higher.
- E. Must have employer or team manager sign the application verifying team teaching experience.
- F. \*\* Must bring a VHS or DVD video with a sampling of the applicant's team choreography at the U.S. Figure Skating or ISI competitive team at any level or other ISU member organization equivalent to the exam for review by the panel of examiners.
- G. Must have passed the Registered Sport Science & Medicine exam.
- H. Must pass the Registered Synchronized Skating Instructor oral exam.

### **2. PSA CERTIFIED SYNCHRONIZED SKATING INSTRUCTOR (CS):**

- A. Must have attended a PSA approved educational program within one year of applying to take an exam. Affidavit must be on file with the PSA office.
- B. Must have completed the Registered Synchronized Skating Instructor rating.
- C. Must have trained a team at the U.S. Figure Skating sectional level or the ISI National level, or other ISU member organization equivalent.
- D. Must have a minimum of 100 hours\* over a two-year period of professional coaching experience with at least one of the years at the certified synchronized skating level (see C above) or higher.
- E. Must have employer or team manager sign the application verifying team teaching experience.
- F. \*\* Must bring a VHS or DVD video with a sampling of the applicant's team choreography at the U.S. Figure Skating sectional level or ISI National level or higher, or other ISU member organization equivalent to the exam for review by the panel of examiners.
- G. Must have passed the Certified Sport Science & Medicine exam.
- H. Must pass the Certified Synchronized Skating Instructor oral exam.

### **3. PSA SENIOR SYNCHRONIZED SKATING INSTRUCTOR (SS):**

- A. Must have attended a PSA approved educational program within one year of applying to take an exam. Affidavit must be on file with the PSA office.
- B. Must have passed the Certified PSA Synchronized Skating Instructor exam.

- C. Must have completed one of the following:
  - a. Have trained a collegiate, intermediate, novice, junior or senior team at the U.S. Figure Skating national level or other ISU member organization equivalent;

**OR**

  - b. Have been a junior or senior U.S. Figure Skating national synchronized team competitor, or other ISU member organization equivalent.
- D. Must have a minimum of 150 hours\* over a three-year period of professional coaching experience with at least one of the years at the senior synchronized Skating level (see C above) or higher.
- E. Must have employer or team manager sign the application verifying team teaching experience.
- F. \*\* Must bring a VHS or DVD video with a sampling of the applicant's team choreography at the collegiate, intermediate, novice, junior or senior U.S. Figure Skating national level or higher, or other ISU member organization equivalent to the exam for review by the panel of examiners.
- G. Must have passed the Senior Sport Science & Medicine exam.
- H. Must pass the PSA Senior Synchronized Skating Instructor oral exam.

**4. PSA MASTER SYNCHRONIZED SKATING INSTRUCTOR (MS):**

- A. Must have attended a PSA approved educational program within one year of applying to take an exam. Affidavit must be on file with the PSA office.
- B. Must have completed the Senior Synchronized Skating Instructor rating.
- C. Must have completed one of the following:
  - a. Have trained a junior or senior team competing at the U.S. Figure Skating national level, or other ISU member organization equivalent level;

**OR**

  - b. Have been a U.S. Figure Skating or other ISU Governing Body selected international synchronized skating competitor at the junior or senior level, or other ISU member organization equivalent.
- D. Must have a minimum of five (5) years professional coaching experience and have coached a minimum of 250 hours\* over the five-year period in the discipline of synchronized SKATING with a least one year (50 hours) at the master level (see C above).
- E. Must have employer or team manager sign the application verifying team teaching experience.
- F. \*\* Must bring a VHS or DVD video with a sampling of the applicant's team choreography at the junior or senior U.S. Figure Skating, or other ISU member organization equivalent national or international level to the exam for review by the panel of examiners.
- G. Must have passed the Master Sport Science & Medicine exam.
- H. Must pass the Master Synchronized Skating Instructor oral exam.

**\* Hours maybe combined with on-ice and off-ice but on-ice must be 50% or more.**