

## 2017 FREE SKATING INSTRUCTOR RATING REQUIREMENTS

**\* A video is shown at all levels - registered, certified, senior and master exams for the candidate to analyze for errors and corrections.**

- 1. PSA REGISTERED FREE SKATING INSTRUCTOR (RFS):**
  - A. Must have attended a PSA approved educational program within one year of applying to take an exam. Affidavit must be on file with the PSA office.
  - B. Must have completed the Basic Accreditation rating or Foundations of Coaching Course.
  - C. Must have completed **one** of the following:
    - a. Have passed the complete U.S. Figure Skating pre-juvenile or Adult silver free skate test, or the ISI freestyle 6 test, or other ISU member organization equivalent; **or**
    - b. Have coached a student through one of these levels.
  - D. Must have a minimum of 50 hours over a one-year period of professional coaching experience with at least one of the years at the registered free skating level (see C above) or higher.
  - E. Must have passed the Registered Sport Science & Medicine exam.
  - F. Must pass the Registered Free Skating Instructor oral exam.
  
- 2. PSA CERTIFIED FREE SKATING INSTRUCTOR (CFS):**
  - A. Must have attended a PSA approved educational program within one year of applying to take an exam. Affidavit must be on file with the PSA office.
  - B. Must have completed the Registered Free Skating Instructor rating.
  - C. Must have completed one of the following:
    - a. Passed the U.S. Figure Skating intermediate free skate test, or the ISI freestyle 9 test, or other ISU member organization equivalent; **or**
    - b. Have coached a student through one of these levels.
  - D. Must have a minimum of 100 hours over a two-year period of professional coaching experience with at least one of the years at the certified free skating level (see C above) or higher.
  - E. Must have passed the Certified Sport Science & Medicine exam.
  - F. Must pass the Certified Free Skating Instructor oral exam.
  
- 3. PSA SENIOR FREE SKATING INSTRUCTOR (SFS):**
  - A. Must have attended a PSA approved educational program within one year of applying to take an exam. Affidavit must be on file with the PSA office.
  - B. Must have completed the Certified Free Skating Instructor rating.
  - C. Must have completed one of the following:
    - a. Passed the U.S. Figure Skating junior free skate test, or ISI freestyle 10 test, or other ISU member organization equivalent; **or**
    - b. Have coached a student through one of these levels.
  - D. Must have a minimum of 150 hours over a three-year period of professional coaching experience with at least one of the years at the senior free skating level (see C above) or higher.
  - E. Must have passed the Senior Sport Science & Medicine exam.
  - F. Must pass the Senior Free Skating Instructor oral exam.
  
- 4. PSA MASTER FREE SKATING INSTRUCTOR (MFS):**
  - A. Must have attended a PSA approved educational program within one year of applying to take an exam. An Affidavit must be on file with the PSA office

- B. Must have completed the Senior Free Skating Instructor rating.
- C. Must have completed **one** of the following:
  - a. Passed the U.S. Figure Skating senior free skate test, (no ISI test) or other ISU member organization equivalent; **or**
  - b. Have coached a student through one of these levels.
- D. Must have a minimum of five (5) years professional coaching experience and have coached a minimum of 250 hours over the five-year period in the discipline of Free Skating with a least one year (50 hours) at the master level (see C above).
- E. Must have passed the Master Sport Science & Medicine exam.
- F. Must pass the Master Free Skating Instructor oral exam.