

## 2017 FREE DANCE INSTRUCTOR RATING REQUIREMENTS

### **\*\* Videotape Guidelines for all levels:**

1. The video must be DVD format of good quality taken within the last three (3) years. If the video is unable to be viewed at the time of the exam, the exam will not be permitted to continue and the exam will be considered "incomplete". The exam fee will be non-refundable.
2. The dance couple must be at the designated level for the rating.
3. The candidate will be asked to narrate the video, discussing points such as theme and style.

### **1. PSA REGISTERED FREE DANCE INSTRUCTOR (RFD)**

- A. Must have attended a PSA approved educational program within one year of applying to take the exam. Affidavit must be on file with the PSA office.
- B. Must have completed the Basic Accreditation rating or Foundations of Coaching Course.
- C. Must have passed the U.S. Figure Skating juvenile and intermediate free dance test, or the ISI Free Dance 6 test, or other ISU member organization equivalent; or have coached a student through one of these levels.
- D. **\*\* Must bring a DVD with a sampling of the applicant's figure skating choreographic works at the juvenile or intermediate level to the exam for review by the panel of examiners.**
- E. Must have a minimum of 50 hours over a one-year period of professional coaching experience at the Registered Free Dance level or higher.
- F. Must have passed the Registered Sport Science & Medicine exam.
- G. Must pass the Registered Free Dance Instructor oral exam.

### **2. PSA CERTIFIED FREE DANCE INSTRUCTOR (CFD):**

- A. Must have attended a PSA approved educational program within one year of applying to take the exam. Affidavit must be on file with the PSA office.
- B. Must have completed the Registered Free Dance Instructor rating.
- C. Must have passed the complete U.S. Figure Skating novice free dance test, or the ISI Free Dance 7\_test, or other ISU member organization equivalent; or have coached a student through one of these levels.
- D. **\*\* Must bring a DVD with a sampling of the applicant's figure skating choreographic works at the novice level to the exam for review by the panel of examiners.**
- E. Must have a minimum of 100 hours over a two-year period of professional coaching experience with at least one of the years at the Certified Free Dance level or higher.
- F. Must have passed the Certified Sport Science & Medicine exams.
- G. Must pass the Certified Free Dance Instructor oral exam.

### **3. PSA SENIOR FREE DANCE INSTRUCTOR (SFD):**

- A. Must have attended a PSA approved educational program within one year of applying to take the exam. Affidavit must be on file with the PSA office.
- B. Must have completed the Certified Free Dance Instructor rating.
- C. Must have passed the complete U.S. Figure Skating junior free dance test, or the ISI Free Dance 8 test, or other ISU member organization equivalent; or have coached a student through one of these levels.

- D. \*\* Must bring a DVD video with a sampling of the applicant's figure skating choreographic works **at the junior level** to the exam for review by the panel of examiners.
- E. Must have a minimum of 150 hours over a three-year period of professional coaching experience with at least one of the years at the senior free dance level or higher.
- F. Must have passed the Senior Sport Science & Medicine exam.
- G. Must pass the Senior Free Dance Instructor oral exam.

**4. PSA MASTER FREE DANCE INSTRUCTOR (MFD):**

- A. Must have attended a PSA approved educational program within one year of applying to take the exam. Affidavit must be on file with the PSA office.
- B. Must have completed the Senior Free Dance Instructor rating.
- C. Must have passed the complete U.S. Figure Skating senior free dance test, or the ISI Free Dance 10 test, or other ISU member organization equivalent; or have coached a student through one of these levels.
- D.. \*\* Must bring a DVD\_video with a sampling of the applicant's figure skating choreographic works **at the senior level** to the exam for review by the panel of examiners
- E. Must have a minimum of five (5) years professional coaching experience and have coached a minimum of 250 hours over the five-year period in the discipline of free dance with a least one year (50 hours) at the master level.
- F. Must have passed the Master Sport Science & Medicine exam.
- G. Must pass the Master Free Dance Instructor oral exam.