FREE SKATING INSTRUCTOR REQUIREMENTS

1. REGISTERED PSA FREE SKATING INSTRUCTOR (RFS):

A. Must have attended a PSA approved educational program within one year of applying to take an exam. Affidavit must be on file with the PSA office.
B. Must have completed the PSA Basic Accreditation rating.
C. Must have completed **one** of the following:
   a. Have passed the complete **U.S. Figure Skating pre-juvenile** or Adult silver free skating test, or the ISI Freestyle 4 test, or other ISU member organization equivalent; **or**
   b. Have coached a student through one of these levels.
D. Must have a minimum of 50 hours over a one-year period of professional coaching experience with at least one of the years at the registered free skating level (see C above) or higher.
E. Must pass the Registered PSA Free Skating Instructor oral exam.
F. Must have passed the Registered Sport Science & Medicine written exam.

2. CERTIFIED PSA FREE SKATING INSTRUCTOR (CFS):

A. Must have attended a PSA approved educational program within one year of applying to take an exam. Affidavit must be on file with the PSA office.
B. Must have completed the Registered PSA Free Skating Instructor rating.
C. Must have completed **one** of the following:
   a. Passed the **U.S. Figure Skating intermediate free skating test**, or the ISI Freestyle 6 test, or other ISU member organization equivalent; **or**
   b. Have coached a student through one of these levels.
D. Must have a minimum of 100 hours over a two-year period of professional coaching experience with at least one of the years at the certified free skating level (see C above) or higher.
E. Must pass the Certified PSA Free Skating Instructor oral exam.
F. Must have passed the Certified Sport Science & Medicine written exam.

3. SENIOR PSA FREE SKATING INSTRUCTOR (SFS):

A. Must have attended a PSA approved educational program within one year of applying to take an exam. Affidavit must be on file with the PSA office.
B. Must have completed the Certified PSA Free Skating Instructor rating.
C. Must have completed **one** of the following:
   a. Passed the **U.S. Figure Skating junior free skating test**, or ISI Freestyle 8 test, or other ISU member organization equivalent; **or**
   b. Have coached a student through one of these levels.
D. Must have a minimum of 150 hours over a three-year period of professional coaching experience with at least one of the years at the senior free skating level (see C above) or higher.
E. Must pass the Senior PSA Free Skating Instructor oral exam.
F. Must have passed the Senior Sport Science & Medicine written exam.

4. MASTER PSA FREE SKATING INSTRUCTOR (MFS):

A. Must have attended a PSA approved educational program within one year of applying to take an exam. An Affidavit must be on file with the PSA office
B. Must have completed the Senior PSA Free Skating Instructor rating.
C. Must have completed **one** of the following:
   a. Passed the **U.S. Figure Skating senior free skating test**, or the ISI Freestyle 10 test, or other ISU member organization equivalent; **or**
   b. Have coached a student through one of these levels.
D. Must have a minimum of five (5) years professional coaching experience and have coached a minimum of 250 hours over the five-year period in the discipline of Free

Skating with a least one year (50 hours) at the master level (see C above).

E. Must pass the Master PSA Free Skating Instructor oral exam.

F. Must have passed the Master Sport Science & Medicine written exam.