

FAST-TRACKING IN THE RATING SYSTEM FOR ELITE COACHES

- A Coach must have a Level V ranking or higher in order to fast-track.
- The ranking and the rating must be in the same discipline.
- A Coach must complete the appropriate Sport Science & Medicine (SSM) online exams at the level of certification to be rated.
- There are two options you can fast-track through the Rating System:

Option A: If you are currently an International level coach who is ranked, you may be eligible to begin the ratings process at the following levels:

- i) Level V Ranking may start at the certified oral exam level
- ii) Level VI Ranking may start at the senior oral exam level
- iii) Levels VII, VIII, IX, and X Rankings may start at the master oral exam level

Pre requisite: The Sport Science and Medicine exams must be completed online prior to taking the oral exam.

- If you are starting at the certified level you will need to complete the registered (RSS) and certified (CSS) Sport Science & Medicine exams
- If you are starting at the senior level then you must complete RSS, CSS, and senior (SSS) Sport Science and Medicine exams
- If you are starting at the master level then you will need to complete all four Sport Science & Medicine exams.

Option B: If you are Level V ranked or higher you may opt out of Option A by taking the **fast-track master exam** which is a consolidated exam including questions from the certified, senior and master levels in a specific discipline (i.e. Free Skating). This exam is longer in duration and is given in two one-hour exams.

The four levels of Sports Science and Medicine exams must be completed either before or after the oral exam, but the rating will not be active until all components (portions) are completed.

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